



Habitat
for Humanity
Kansas City

ReStore

ReNews

Don't miss ReStore's Earth Day Sale on Saturday, April 25th. Every USED item in the store will be 10% off. Plus, at 10:00 a.m. that morning we will offer a free rain barrel demonstration. All are welcome. Don't miss your chance to save a little green by being a little green!

[Need directions to our store?](#)

Change Your Home ... Not Your Address
NARI Remodel Homes Tour. Get your tickets today and a portion of the proceeds will support our Habitat ReStore. Look [here](#) for more information.

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Thank you to our loyal donors:
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Just a Smile

Those of us that live in the city often feel alone, even when surrounded by a million other souls. On my commute to ReStore every morning, I am one of many cars hurtling down the highway; anonymous to those around me -- not making eye contact or even acknowledging each others existence. As our friends, family members, neighbors and those anonymous strangers face layoffs, downsizing, foreclosures, loss of retirement nest eggs and who knows what else, we need to reach out and extend our hands and hearts to them in some way.

We are a society built on the notion of consumption and waste. We are careful to mind our business but neglect to consider how our actions (and inaction) affect those around us. This is an opportune time to take a step back and realize we are merely a small part of a greater whole. And although we may be struggling ourselves, there are those around us who have it much worse.



The other morning I was thinking about what misery and suffering those anonymous people might be experiencing and thought, "What if I try and reach out to those nameless faces in the other cars with a simple, genuine smile. Maybe, it will lighten their load for just a moment. Maybe they will be able to start their day a little more upbeat than they were before. And maybe, just maybe, in turn they will share a smile or kind word with the next person they come in contact with."

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Have a comment, question or story idea you'd like to share? We're listening ... [email us](#).

It seems that nothing has more power to elevate mood than the impact of a genuine smile. Surprisingly enough, the benefits of a smile extend not only to the recipient of the warm gesture but also to the smile's originator. Yes, the old quotation may be true. "A smile is a little curve that sets a lot of things straight."

Smiling helps to promote release of a "feel good" group of hormones called endorphins. These are the same group of hormones responsible for the runners high you hear so much about. If you don't have time to get to the gym for a hard run (or feel running is something you do only when being chased), try adding a smile and a bit of laughter to boost these natural, stress relieving hormones.

Various studies conducted over the years have shown that smiling can boost the functioning of the immune system. This may help to reduce the risk of developing everything from the common cold to chronic diseases such as cancer. In this tough economy, is there a less expensive medicine than this?



I know I can't fix the economy, or stop the wars, or stop global warming all by myself. But I can reach out and make just one minute in my neighbor's life just a little brighter. It may seem simplistic and even a little silly, but next time you're pushing your way through bumper-to-bumper traffic on I-35, or get stuck at another red light on Main, consider flashing a genuine, heartfelt smile at the anonymous person in the car next to you. You might be surprised at the results.

It takes only 13 muscles to smile but 47 to frown. Conserve energy. Smile!

Written by Don Reck, ReStore director, with excerpts from [How to Understand the Power of a Smile](#), by Kristie Leong M.D.

 **Donate**

Donors Make the Difference



In these tough economic times, it's the bargain opportunities that are taking center stage. And that's exactly where ReStore sits. We're seeing a tremendous amount of traffic in our store, along with record sales. We're satisfyingly exhausted.

Of course, if you know anything about ReStore you know we are nothing unless we have the merchandise to meet the demand of our customers. Our lifeblood is our donors - plain and simple. In honor of those that keep us not only surviving, but thriving, we pay tribute to some of our recent donors in the left sidebar of this email.

And of course, the thousands of individuals too numerous to mention that make the extra effort to find a good home for your reusable materials. We thank you ever so much.

Please support those who support Habitat ReStore. They're an irreplaceable part of making our community a better place to live. For a more complete listing of our donors please visit www.restorekc.org.

→ Shop

Attention ReStore Shoppers: Spread the Word!



It's happened to all of us, and not just once. You come to ReStore with list in hand and you can't find everything you need. It can be frustrating, but there is something you can do about it: tell everyone you know about ReStore.

As we tell customers with half-completed lists every day, our stock comes from the generous donations of homeowners and businesses around the metro area, and beyond. We are at the mercy of these donors to supply a wide selection of quality materials for you. But as we also tell people that the more people know about us, the more donations we will receive. That's right, telling your friends, neighbors, shopkeepers, and suppliers' uncles will ultimately mean more selection for you to browse.

Do you know a good carpet layer? Tell him about us and that we look for new or gently used carpet. Are you a regular at a building supply store? Tell them you support us and that they should consider giving their overstock or scratch-n-dent to us. Is your neighbor looking to gut and redo their kitchen? Tell them about our Deconstruction Services, where we'll gently remove their current cabinets and bring them down to the store to sell to you.



And, of course, remember us when you are doing work around your own home. If you pull something out that you would give to a neighbor or relative (with which you are on speaking terms), we could probably sell it in our store.

As a customer, you play an important role in the cycle that supports ReStore. You know you can find great deals here and give items a "second life" in your project; and you can help feed the supply of those items simply by spreading the word.

Well ... what are you waiting for? Spread the word and start the circle.

→ Volunteer

Team Building at ReStore



Are you looking for something fun to do with your team at work or a group of friends from your civic or religious organization? Do you like to get dirty and have a good work out? If so, Habitat ReStore is the place for you! Groups work in the warehouse unloading trucks, measuring and pricing carpets and blinds, shaking paint or sorting trim and tile. It is a chance to get out of the office and work together, making a real difference for Habitat for Humanity Kansas City, our community and our environment.

Our 33,000 sq ft warehouse is always in need of something straitened or moved to make room for more materials. Some groups like it so much they come back time and again. Here is what some of them have to say about their experience:

Through the Archer Community Service Program, we've discovered that the volunteer projects our employees participate in are not only good for building a stronger community; they are great for company team building as well. We especially enjoy the Habitat Restore projects because the eight-hour days are well organized and very task oriented. All skill levels are welcome at the ReStore, which affords our employees the luxury of bringing their older teenagers with them to volunteer - educating our next generation of the importance of community service.

-- Catherine, Community Services Manager for
Archer Technologies

Habitat Restore has been a remarkable and fulfilling place to serve. My wife and I have been deeply moved, along with the youth from Holy Trinity, with the amount of people that benefit from Habitat Restore. There is always work to be done-hard work that helps you realize just how trivial so many of your problems are. Above all, Restore is a place where we can come and labor for the Kingdom of God. While the work can be difficult and tedious at times, we are quick to remind the high schoolers that we are not just serving those less fortunate than ourselves-we are serving Christ.

-- John, Holy Trinity Church

We are grateful for all the groups that come and volunteer with us. Whether your motivation is spiritual, environmental, or social, Habitat ReStore welcomes all groups (up to 20 people, over 16 years old) to share in our mission. Group to volunteer for four hours or more and are guaranteed to have a great time and a fantastic work out.

If you are interested, call or [email](#) Hayley Rees, Volunteer Coordinator, at 816.231.6889 ext. 225 today and get your group scheduled tomorrow.



Donconstruct

Spread the Word



We continue to battle the misconception that whole-house deconstruction is no longer offered at Habitat ReStore. Nothing could be further from the truth! Even though there was a brief period early last year of changing how we offered it, Deconstruction Services has always been active. Unfortunately, word that whole-house removal was no longer available spread like wildfire.

We have also increased our ability to offer this type of service to homeowners through deconstruction training programs, offered in partnership with TRP ([The ReUse People](#)). We know homeowners rely heavily on the practical advice they receive from their building contractors - advice concerning efficient and effective products, cost-saving methods, and ongoing maintenance. These trainings ensure that our deconstruction contractors throughout the Kansas City area are well versed in the many benefits of deconstruction and are fully certified to offer the service to clients.

One decision that is often overlooked in construction projects is how to dispose of materials during demolition. While demolition is only one aspect of a typical building project, it offers many opportunities

to improve on existing practices and provide substantial financial benefits for homeowners.



Habitat ReStore has spent nearly 9 years dedicated to diverting reusable building materials from the waste stream and providing those who use our services with generous tax-deductible donation receipts. We accomplish this goal through:

1. Building deconstruction and materials salvage.
2. Providing "best practices" training in deconstruction.
3. Distributing salvaged materials at our store and encouraging sustainable reuse.
4. Writing demolition/deconstruction specifications for both large and small projects.

Unlike some green building practices that have high initial costs, expenses associated with deconstruction are often recouped immediately upon tax filing.

By using ReStore's Deconstruction Services over standard demolition, you demonstrate your concern for the environment (as well as for your budget) by ensuring lower disposal costs, reduced your projects carbon footprint, and the knowledge that your materials will be sold at our store and the profits will support Habitat for Humanity Kansas City's building projects in our local community.

Deconstruction Services is stronger than ever before and stands ready for more projects. In fact, we have the ability to handle an even heavier workload than in years past. As spring approaches and the build season kicks in, we know there will be plenty of projects that could use our services. Please help us pass on the word that ReStore's Deconstruction Services is open for business! Big job or small, whole-house or just the kitchen or bath, your project can make a difference to a family in need.

Contact Mark Bullock at 816-231-6889 ext. 236 for more information or to pass on a lead.

**Save
10%**

Print this coupon and present it at the beginning of your transaction. This is our way of saying thank you for your continued support of KC Habitat ReStore. This coupon is transferable. We encourage you to share this special offer with friends and family. Spread the word and start the circle!

Offer good up to \$10.00. One coupon per customer. May not be combined with any other offer. Some restrictions may apply. See store for details.

KC Habitat ReStore | 4710 Deramus Ave. | KCMO | 816.231.6889

Offer Expires: April 17, 2009